



Covid-19 Protocol

Trim Canoe Club follows all recommended guidelines in order to minimise the spread of Covid-19. This protocol is in line with the government's level 2 restrictions and is valid as of 17/09/2020.

Covid-19 officer: Elizabeth Beggan

It is expected that all members and visitors follow the national guidelines, available here: <https://www.gov.ie/en/publication/18e18-level-2/#sports>

In addition, TCC requires members and visitors to follow the protocol listed below:

Clubhouse:

- Covid-19 declaration form to be reviewed and signed before commencing any club event <http://trimcanoecub.ie/covid19form>
- A maximum of 15 is allowed on-site at clubhouse
- A maximum of 3 allowed in changing rooms distanced a minimum of 2 meters apart
- A maximum of 2 allowed in each gear room
- Hand sanitiser is available at entry of clubhouse and usage is required
- Wear face-mask indoors
- Clean any gear used with disinfectant before returning to stock
- Maintain 2 meter distance except for immediate safety purposes

Additionally,

Club Trips and Events:

- Minimise the use of shared transportation but use face-masks if and when it is necessary
- Drivers who provide a shuttle should carry a spare mask for return trip
- All members should carry personal hand sanitiser on all trips
- Pods of maximum 15 participants are allowed
- Additional pods should operate independently with no shared personnel, equipment, or space
- Multiple pods at the same location should begin at separate times

Optional online training from Sport Ireland:

<https://www.sportireland.ie/covid19/course>

Please contact a committee member if you have any questions or suggestions.

info@trimcanoecub.ie